

# Evaluation of water absorption rate of tablets by using an Enslin-Neff device

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## Introduction

Tablets are the most popular dosage form. To ensure their quality, safety and efficiency, tablets are tested using wide spectra of methods. Most of these methods are included in the Pharmacopoeia; however, there are other useful methods that are not included.

In this research paper, the focus was placed on water absorption rate. The method proposed by Bi et al.<sup>2)</sup> is commonly used. Here, an Enslin-Neff device, generally used in testing of clays and soils in geology<sup>3)</sup> is used to check water absorption rate of tablets. Tablets were prepared by direct compression of the granules performed by fluid-bed granulation process from corn starch and lactose.

## Experimental methods

### Granulation

For drying and granulation, a fluid-bed granulator (a Fluid bed dryer and a granulator UNI-GLATT, Glatt GmbH, Binzen, Germany) was used. At first, corn starch was dyed in fluid-bed using a Wurster adaptor. Consequently, dyed corn starch was mixed with lactose in a ratio of 1 : 1 and the mixture was granulated in the fluid-bed granulator using a 10% aqueous solution of Kollidon 25 as the binder.

### Tablet production

Tableting mixture was prepared from 250 g of granules and 1.25 g of magnesium stearate (used as the glidant) and pressed into tablets with a diameter of 7 mm (ZWICK ROELL Press, Zwick Roell GmbH, Germany). The compression force was set at 4 kN. Three batches of tablets were prepared using the same approach – CORNLAC 1, CORNLAC 2, CORNLAC 3.

### Quality control of granules and tablets

Granules were evaluated for the angle of repose (a Granulate Tester ERWEKA GTB, Erweka GmbH, Germany), Hausner ratio and compressibility index (a Tapped Density Tester ERWEKA SVM 102, Erweka GmbH, Germany), the particle size distribution (a Vibratory Sieve Shaker RETSCH AS200 basic, Retsch

GmbH, Germany) and the water content by loss on drying (a Moisture Analyzer PRECISA XM 60, precision 0.001 g, Precisa, Switzerland). The mixture of granules with magnesium stearate was tested for the angle of repose, Hausner ratio and compressibility index again. The mass (an Analytical Balance, precision 0.1 mg, HELAGO SR 120, Helago s.r.o., Czech Republic), the diameter and the height of tablets were estimated as well as the strength (a Tablet Tester SCHLEUNIGER 8M, Pharmatron AG, Switzerland) and the disintegration time (a Disintegration Time Tester ERWEKA ZT 301, Erweka GmbH, Germany).

### Water absorption test with an Enslin-Neff device

Water absorption rate was measured with an Enslin-Neff device. The device was filled with a coloured aqueous medium the level of which was kept carefully at the surface of a glass filter. Then, the tablet was laid down and the time to achieve the complete uptake of the liquid was registered (water absorption time in seconds, WAT). The volume of water was measured in the equipment capillary and the tablet was weighted again to express the mass difference. In Fig. 1, the experimental design using the Enslin-Neff device can be seen.



Fig. 1. Water absorption rate test of tablet

## Results and Discussion

Water absorption rate (ml/s) was calculated using the volume of absorbed water (ml) and WAT (s). The absorbed volume correlates well with the mass difference between a dry and wet tablet. The results of tablet properties evaluation (the average values of 10 values, and the standard deviations) are presented in Table 1.

Out of three compared batches, CORNLAC 1 absorbed the highest amount of water during the experiment with

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Table 1. Properties of tablets of batches of CORNLAC 1, CORNLAC 2, CORNLAC 3

Batch		Mass absorption time (g)	Water absorption time (s)	Absorption rate (ml/s)	Disintegration time (s)	Radial strength (MPa)
CORNLAC1	AV	0.1000	370	0.00010	80	0.9902
	SD	0.0029	56.81	0.00246	11.09	0.0905
CORNLAC2	AV	0.1007	478	0.00007	115	1.5491
	SD	0.0007	39.40	0.00001	32.98	0.0669
CORNLAC3	AV	0.1000	478	0.00007	120	1.7084
	SD	0.0007	32.12	0.00001	29.46	0.0520

AV – average, SD – standard deviation

the shortest water absorption time. As can be seen from Table 1, it has also the lowest radial strength and the shortest disintegration time. On the other hand, CORNLAC 2 and CORNLAC 3 possess a much higher radial strength, a longer disintegration time, and a longer water absorption time resulting in a lower absorption rate than that of CORNLAC 1.

### Conclusions

An Enslin-Neff device can be used for measuring the water uptake rate of the tablets compressed from granules prepared in a fluid-bed granulator. From the volume difference of the absorbed liquid and the wetting time, the water absorption rate for the tablet can be calculated. Preliminary results show that the radial strength and the water absorption time correlate with each other. This relationship would be further studied.

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**Conflicts of interest:** none.

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